

Into the Woods

with

Trudi Newton (TSTA - education)

Join Trudi for this two-day interactive workshop exploring the Transactional Analysis (TA) model of script. Through the Stephen Sondheim musical 'Into the Woods' we will have an opportunity to reflect on the power of folktales and the ongoing making of new meaning.

We will explore some psychological perspectives on the drama of fairytales and the nature of quest with ideas from Berne, Jung and Bettelheim, along with other interpretations from Angela Carter, Marina Warner and other writers. The drama of fairytales and the nature of quest will be a thread throughout the workshop through the wit and melody of Sondheim's music and lyrics. All these we will connect with family, personal and cultural scripts and how they can be updated, challenged and changed

The workshop is open to anyone who is curious about the endurance and nature of folktales and fairytales and who wants a thought provoking time full of good humour and good company. No previous knowledge of psychological ideas about stories is needed and any ideas about the potency of folktales in all cultures will be welcomed.

Participants will leave with a deeper understanding of the power of stories - our own and our culture's - and how we can retell them, rethink them, deconstruct them, joke about them, and change them as times change.

This workshop runs from 9am to 6pm each of the days, and participants will be encouraged to share an evening as part of our learning together.

Date: Sunday 6th & Monday 7th October 2019

Time: 9am to 6pm

Venue: Novalis Ubuntu Institute, Rosmead Ave, Wynberg, Cape Town

Cost: R2 800.00 + 15% VAT (R3 220.00)

10% discount for COMENSA and SATAA members!

Book for all 4 days and receive a 15% overall discount!