

## Supervision from Both Sides

with

Trudi Newton (TSTA - education)

This workshop is unique in that it is offered for both supervisors and coaches! Transparency of what happens from both sides of the supervision encounter will be creatively explored.

Supervision is a reflective space for the coach to reflect on WHO they are within their work, and what might be getting in the way of them solving their questions, rather than a discussion of WHAT they did in their coaching. Supervision is not coaching the client through the coach, but rather engaging in an authentic and trusting relationship and boldly and intuitively using the self and the relationship as the instrument for insight and learning.

Coaches will have an opportunity to understand an approach to supervision based on shared responsibility and an authentic relationship. They will have an opportunity to reflect on how to BE a supervisee in a supervision relationship that supervises the person and not the details of the coaching intervention.

Supervisors will have an opportunity to reflect on their own supervision practice, especially in the light of the quality of the supervision relationship. Supervisors will explore how they might hold the seeming paradox of intentionality and surprise within the supervision encounter.

Together with Hilary Cochrane, Trudi has co-authored the only book to date that approaches supervision with a TA perspective:

*Cochrane, H., & Newton, T (2018) Supervision and Coaching - Growth and Learning in Professional Practice. Routledge: London & New York*

**Date:** Friday 11th October 2019

**Time:** 9am to 5pm

**Venue:** Novalis Ubuntu Institute, Rosmead Ave, Wynberg, Cape Town

**Cost:** R1 500.00 + 15% VAT ( R1 725.00)

**10% discount for COMENSA and SATAA members!**

**Book for all 4 days and receive a 15% overall discount!**