



TA Foundation Year Group (TAFY) 2021 Year 2

This advanced TA group, running over 2 years, is open to all people who have already attended the official introductory workshop to Transactional Analysis - the TA 101. It can be a stand-alone programme that deepens your understanding of

the TA models, or be the first step of ongoing TA training towards the international certification of Certified Transactional Analyst (CTA). See <https://www.itaaworld.org/itaa-training-examinations-handbook> for the details of the CTA training and certification.

This is the 2nd year programme (topics are divided over 2 years)
Entry is for people who have completed year 1 of TAFY

Year 2 Topics (2021)

- Feb: Reconnecting, contracting, 5P's, Discounting, accounting and the I's
- Mar: Symbiosis, 1st and 2nd order, symbiotic chain, Self, roles and personhood (Crespelle)
- Apr: Games, drama triangle, formula K, bystander role, winners triangle, positive games, social roles
- May: Stages of cure, therapeutic operations, readiness to change
- Jun: *Group dynamics - TA and other approaches*
- Jul: *Autonomy (expanded - van Beekum & Mellor) homonomy, Spiral Dynamics*
- Aug: *Diversity, cultural P, emerging thinking on diversity and social justice*
★ *Jun, Jul & Aug particularly focused on aspects that inform accounting for diversity and inclusion. Members of the group are also invited to share frameworks an approaches that they have encountered (TA and other modalities)*
- Sep: Script and systems - constellations, Ethics
- Oct: Personality Adaptations (Stewart and Joines)
- Nov: Schools of TA - Redecision & impasses, Reparenting & cathexis
- Dec: Presentations and celebration of learning

2021 Dates:

Fri 12th Feb	Sat 20th Mar	Sat 17th Apr
Sat 22nd May	Sat 19th Jun	Sat 31st Jul
Fri 27th Aug	Fri 17th Sep	Sat 23rd Oct
Fri 19th Nov	Wed 15th Dec	

Fees:

Country	Training per day	1 to 1 supervision per hour (as requested)	Group supervision of between 2 and 4 people -1 hr for 2 people, 2 hours for 3 or 4 people (as requested)
South Africa	ZAR 900 + VAT	ZAR 500 + VAT	ZAR 250 + VAT
Kenya	ZAR 900 (no tax)		
Lesotho	ZAR 650 (no tax)		
India	USD 28 (no tax)	USD 15 (no tax)	USD 7.50 (no tax)
UK	GBP 100 (no tax)	GBP 50 (no tax)	GBP 25 (no tax)
UAE	AED 250 (no tax)	AED 125 (no tax)	AED 75 (no tax)

15% discount for payment in full upfront.

Times: 9am to 4pm UTC + 2.00 (time in SA)

Trainer:

This training is run by **Karen Pratt**. Karen is an internationally certified Teaching and Supervising Transactional Analyst (TSTA) in the education speciality. She is certified by the International Board of Certification in affiliation with the International Transactional Analysis Association. She is Chair person of the South African Transactional Analysis Association (SATAA) and Co-Chair of the Professional Standards Committee of the International Board of Certification (IBOC)

Karen has been involved in TA since 2000 and uses it in her professional work as a consultant, coach and supervisor, as well as being actively involved in training new trainees both to the first level of qualification as a Certified Transactional Analyst (CTA) and to the second level as Teaching and Supervising Transactional Analysts.