

TA Foundation Year (TAFY) 2025



This advanced TA group is open to all people who have already attended the official introductory workshop to Transactional Analysis - the TA 101. It can be a stand-alone programme that deepens your understanding of the TA models, or be the first step of ongoing TA training towards the international certification of Certified Transactional Analyst (CTA).

See <https://www.itaaworld.org/itaa-training-examinations-handbook> for the details of the CTA training and certification.

The course runs virtually for a full day per month [9am to 4pm SA time). It attracts trainees from a wide variety of countries. The platform of Zoom allows a highly experiential learning experience. There is rich learning between such diverse people! Supervision is an integral part of the TA learning process and is arranged when needed, outside of the training days.

Topics:

- Jan: Connecting, contracting, educational philosophies, script & learning cycle, Kolb and Zull, Learning Style Inventory
- Feb: Group imagoes, Cycle of Development, Competence Curve
- Mar: Ego states - structural, 2nd order structural, diagnosis
- Apr: Ego states - functional, executive and real self, cathexis
- May: Transactions - 3 basic, tangential, redefining, bulls eye
- Jun: Hungers, strokes, time structuring
- Jul: Life positions, I count, You count and power, overview of script theory, memories
- Aug: Script matrix: injunctions, drivers, episcrpt, script interview
- Sep: Script process, script & autonomy system
- Oct: Games, Drama & Winners triangle, bystander role, social roles
- Nov: Symbiosis, discounting, accounting, miniscript
- Dec: Cultural scripts (Berne & Denton Roberts), presentations and celebration of learning



This training carries **69 CCEs** from the ICF (46 CC & 23 RD)

2025 Dates:

| | | | |
|-------|--------------|--------|--------------|
| Web 1 | Sat 25th Jan | Web 7 | Sat 19th Jul |
| Web 2 | Fri 21st Feb | Web 8 | Fri 29th Aug |
| Web 3 | Sat 22nd Mar | Web 9 | Sat 27th Sep |
| Web 4 | Fri 25th Apr | Web 10 | Fri 24th Oct |
| Web 5 | Sat 31st May | Web 11 | Sat 22nd Nov |
| Web 6 | Fri 27th Jun | Web 12 | Fri 12th Dec |

The webs run between the following times: UK - 8am to 3pm

SA: Jan, Feb, Mar, Nov, Dec 9am to 4pm / Apr to Oct 10am to 5pm

Fees:

| Country | Training per day | Optional 1 to 1 supervision per hour (as requested) | Optional Group supervision of between 2 and 4 people |
|--------------|--------------------|---|--|
| South Africa | ZAR 1700 + VAT | ZAR 600 + VAT | ZAR 400 + VAT |
| India | USD 50 (no tax) | USD 30 (no tax) | USD 20 (no tax) |
| UK | GBP 135 (no tax) | GBP 60 (no tax) | GBP 30 (no tax) |
| Europe | Euro 155 (no tax) | Euro 70 (no tax) | Euro 40 (no tax) |
| Kenya | KSS 10000 (no tax) | KSS 5000 (no tax) | KSS 3500 (no tax) |

There is a 20% surcharge on fees for coaches wishing to take advantage of the ICF CCE certificate.

10% discount for fees paid in full upfront for participants not needing the ICF CCEs

Trainer:

This training is run by **Karen Pratt**. Karen is an internationally certified Teaching and Supervising Transactional Analyst (TSTA) in the education speciality. She is certified by the International Board of Certification in affiliation with the International Transactional Analysis Association. She is Chairperson of the South African Transactional Analysis Association (SATAA) & Co-chair of the Professional Standards Committee (PSC) of the International Board of Certification (IBOC)

Karen has been involved in TA since 2000 and uses it in her professional work as a consultant, coach and supervisor, as well as being actively involved in training new trainees both to the first level of qualification as a Certified Transactional Analyst (CTA) and to the second level as Teaching and Supervising Transactional Analysts.