

TA Foundation Year (TAFY) 2027



This advanced TA group is open to all people who have already attended the official introductory workshop to Transactional Analysis - the TA 101. It can be a stand-alone programme that deepens your understanding of the TA models, or be the first step of ongoing TA training towards the international certification of Certified Transactional Analyst (CTA).

See <https://www.itaaworld.org/itaa-training-examinations-handbook> for the details of the CTA training and certification.

The course runs virtually for a full day per month. It attracts trainees from a wide variety of countries. The platform of Zoom allows a highly experiential learning experience. There is rich learning between such diverse people! Supervision is an integral part of the TA learning process and is arranged when needed, outside of the training days.

Topics:

- Jan: Connecting, contracting, educational philosophies, script & learning cycle, Kolb and Zull, Learning Style Inventory
- Feb: Group imagoes, Cycle of Development, Competence Curve
- Mar: Ego states - structural, 2nd order structural, diagnosis
- Apr: Ego states - functional, executive and real self, cathexis
- May: Transactions - 3 basic, tangential, redefining, bulls eye
- Jun: Hungers, strokes, time structuring
- Jul: Life positions, I count, You count and power, overview of script theory, memories
- Aug: Script matrix: injunctions, drivers, episcrit, script interview
- Sep: Script process, script & autonomy system
- Oct: Games, Drama & Winners triangle, bystander role, social roles
- Nov: Symbiosis, discounting, accounting, miniscript
- Dec: Cultural scripts (Berne & Denton Roberts), presentations and celebration of learning



This training carries **35 CCEs** from the ICF (23 CC & 12 RD)

2026 Dates:

Web 1	Sat 23rd Jan	Web 7	Sat 10th Jul
Web 2	Fri 26th Feb	Web 8	Fri 3rd Sep
Web 3	Sat 20th Mar	Web 9	Sat 2nd Oct
Web 4	Fri 16th Apr	Web 10	Fri 22nd Oct
Web 5	Sat 15th May	Web 11	Sat 20th Nov
Web 6	Fri 11th Jun	Web 12	Fri 10th Dec

The webs run between the following times: UK - 8am to 3pm all year round
 SA: Jan, Feb, Mar, Nov, Dec 9am to 4pm / Apr to Oct 10am to 5pm

Fees:

Country	Training per day	Optional 1 to 1 supervision per hour (as requested)	Optional Group supervision of between 2 and 4 people
South Africa	ZAR 2000 + VAT	ZAR 800 + VAT	ZAR 550 + VAT
India	USD 70 (no tax)	USD 40 (no tax)	USD 35 (no tax)
UK	GBP 135 (no tax)	GBP 80 (no tax)	GBP 60 (no tax)
Europe	Euro 160 (no tax)	Euro 95 (no tax)	Euro 45 (no tax)

There is a 20% surcharge on fees for coaches wishing to take advantage of the ICF CCE certificate.

10% discount for fees paid in full upfront for participants not needing the ICF CCEs

Trainer:

This training is run by **Karen Pratt**. Karen is an internationally certified Teaching and Supervising Transactional Analyst (TSTA) in the education speciality. She is certified by the International Board of Certification in affiliation with the International Transactional Analysis Association. She is Chairperson of the South African Transactional Analysis Association (SATAA)

Karen has been involved in TA since 2000 and uses it in her professional work as a consultant, coach and supervisor, as well as being actively involved in training new trainees both to the first level of qualification as a Certified Transactional Analyst (CTA) and to the second level as Teaching and Supervising Transactional Analysts.